

Everything and everyone radiates energy. When you are intentional with your own, you make space for even more love. When all 7 of our chakras are opened and balanced, energy flows freely through the body. Life feels blissful and beautiful.

Find what heals you - listen to your mind, feel out your body, and sit with your soul.

Ofive yourself the love you need. It's all in the balance, lover.

## JACQUIE AICHE